

## A Moment in Time



*Welcome Home*

We all have moments and places that we hold dear in our memories. Sometimes it is hard to communicate the impact they have in our lives. The emotions they evoke simply cannot be put into words, or captured in a photo. In the early 20th Century, artists were exploring new ways to express their ideas. This developed into the art movement known as "Expressionism," in which artists were more interested in expressing an emotional experience than a realistic image. Let's honor an important moment in your life with Expressionism. We will explore simple, small studies, playing with texture, unusual fabric choices, and mixed media, along with the use of "no rules or rulers" machine stitching and slow stitching. These explorations will help you to find your own unique voice and style, which will then be applied to your **Moment in Time** project. By breaking down your final project into a process of layers, you will have many choices and paths to draw from your small explorations, to create a meaningful art quilt that captures the very essence of your moment in time.

*I will provide supplies for the small studies: unusual fabrics, mixed media supplies, slow stitching threads and a roll of craft and drawing paper. There will be a nominal supply fee. You are welcome to bring materials that you would like to use in your explorations also.*

### Students will need to bring:

- Photos, momentos, thoughts or sketches of a "Moment in Time" topic.
- A sketchbook or journal for notes.
- An open mind!
- Table top light with a multi-plug extension cord, if driving
- Something to cover your work at night

### Fabrics and supplies for final project:

- Through working in small explorations, your ideas on expressing your "Moment in Time" will develop and change. To allow for this, bring a selection of fabric that varies in light, medium and dark shades of a color palette that you are interested in. Once you have your color palette chosen, choose a few more fabrics that contrast nicely, by color, texture

or print. Consider wovens, linens, silks, hand dyes or any fabric that may resonate with the project you will be focusing on. **You will not need large amounts, as this will be a wall hanging size when finished.**

- 36"x36" (approximately) lightweight muslin for base, cotton batting and backing fabric.
- Sewing Machine
- Thread for machine stitching - (1 each) White, Neutral and Black
- Rotary cutter, ruler (optional) and cutting mat.
- Pin cushion and straight pins, a handful of safety pins.
- Fabric scissors, paper scissors
- 1 large glue stick - *Uhu* and *Elmer's* work well, but any will do.
- Large eye embroidery needle, needle threader and thimble. I also LOVE Bohin self-threading needles.
- Any specialty threads you would like to explore. This is a chance to pull out those thicker weight threads you have collected!
- Perle Cottons 8, 10 or 12wt, Embroidery Floss, Aurifil 12wt, Sulky 12wt - basically any thicker weight thread you have will work. Just make sure it will thread through a needle.

*If you have any questions on fabric supplies, please feel free to contact me. I will be happy to help with your selection.*

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