

Joyful Free Motion!



If you are new to free motion quilting, make sure that your current set-up works for free motion quilting and that you know the right settings for your machine to free motion quilt. To test, layer up a small quilt sandwich (top, batting, backing) and free motion quilt a little bit. You must have the right foot and your machine must free motion quilt well. You don't have to quilt well yet, but your machine needs to be capable of it. Please write me if you have any questions!

SUPPLY LIST

- Your best machine for free motion quilting. If you have a full-sized machine and a smaller, class-sized machine, please bring the larger of the two.
- Machine must be in excellent working order, cleaned and oiled.
- Slide on table if your machine has one.
- Manual for your machine.
- Ruler foot and rulers if you intend to use them (optional). If you have a newer BERNINA, I can lend my ruler foot to play with. I will bring a few rulers that can be borrowed.
- Piecing foot and any other foot your project requires – couching, edge stitch, zigzag, walking, etc. Aw heck, bring any that you think you might possibly need.
- Free motion quilting foot – all that you have. Make sure the foot you have works well with your machine. We will be mostly free motion quilting; the wrong foot would be crippling.
- Straight stitch plate if you have one.
- Zig zag stitch plate.
- 9** quilt practice sandwiches: about 14" square (you'll be able to get 3 cuts across the width of the fabric). Please use quality, 100% cotton, solid colored fabric and quality batting. Baste using your preferred method (spray, pin, etc.) Please don't bring odd sized scraps or sandwiches from printed fabric.
 - Choose colors that you enjoy, maybe even different colors front and back.
 - 1.5 yards each of 2 fabrics will make 9 sandwiches
- Additionally, you may want to bring a panel to play upon with the designs you learn. You might want to consider it a "sacrificial panel". Since you will be learning new motifs, they may be a bit rickety at first.
- A variety of quality thread - different weights, colors and fibers. In general, thread available at your local quilt shop is high quality; what is at your big box store, not so much.
- Extra empty bobbins.

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- Needles appropriate for your project and any thread you intend to use. Most threads need 70, 80, or 90 size needles. For most free motion quilting, I recommend a coated topstitch needle. If you prefer another type, please bring that. I will bring coated needles in a variety of sizes for my store.
- Wash out marker of choice.
- 18" ruler.
- Free motion quilting supplies –any notions you typically use at home.
- Personal small trash can for thread snips.
- If you have a project of choice, bring it along. Also all the threads, needles, batting and chocolate required for that project.
- Basic sewing supplies – scissors, seam ripper, tweezers, pins, etc. No cutting supplies needed unless the project you bring needs them.
- 18 sheets of full-sized plain paper towels (no print) or 36 if they are the half-sized ones. I'll explain!
- Note taking supplies – pencil, paper.
- Also, blank paper to sketch on, at least letter sized. Bigger is better, I'll bring some packing paper. Lined paper is difficult to freely sketch on.
- A playful and open attitude and a desire to lose all fear of free motion quilting!
- Something to cover your work at night

Optional:

- Personal lighting for your sewing area.
- Multi-plug, surge-protected extension cord. You'll be happy you brought this!
- A portable table for your machine (SewEzi, etc.), only if you prefer it and have one.
- BERNINA people only - BSR if you have one.
- Not required; copy of my book: *Free Motion Quilting, From Ordinary to Extraordinary*, C&T Publishing.

I will bring my own curated selection of supplies and tools that I love to free motion quilt with. I also will bring a selection of panels that are great to free motion quilt upon. I will also bring copies of my book.

Jenny K. Lyon

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BERNINA Ambassador LAURASTAR Ambassador



SESSION 4

Friday to Wednesday, April 21 – 26, 2023

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