

Sylvia Phippen
Sashiko and Appliqué

The focus of this workshop will be on design and hand techniques. However, if you want to machine appliqué or piece your quilt, bring a sewing machine.

Material List

Optional: Sewing machine

Multi-plug extension cord with surge protection

Small craft iron (Hobbico makes the best brand) and ironing mat

Rotary mat, ruler and cutter

Permanent marking pen, fine line mechanical pencil, and chalk pencils

Roll of tracing paper, notebook, sketch pad

Scotch Tape and fabric glue

Wax free white design transfer paper (My favorite: Loew-Cornell 18"x 36" sheets available at art and craft stores) If you have trouble finding it, I will have plenty to share.

White Sashiko thread or DMC #5

Small sashiko needles or any sharp needle with a big eye

DMC cotton Embroidery thread (bring a variety of colors)

Embroidery needles

#100 silk thread for appliqué (one light neutral color) or your favorite appliqué thread

Appliqué needles

Flannel for a design board

Table top light

Sheet to cover your work at night

Fabric:

1 yd. or more Kaufman Kona cotton, indigo or other dark color for sashiko and appliqué

*1 yd. Kaufman dark Marbleous or other looser weave indigo for straight sashiko
Batiks and other cotton fabrics for flowers, leaves & borders. Bring small quantities and lots of variety.*

Optional Reference:

Copy of Paradise Stitched: Sashiko and Applique by Sylvia Phippen

Photos of tropical flowers, wildflowers, fauna or Japanese designs

For inspiration, I will bring books on Sashiko, flowers, Polynesian & Japanese designs. My patterns will also be available for you to use.

I will have the following for sale if you can not find it in your local quilt store:

Mylar template sheets, Sashiko thread, Sashiko needles, Transfer paper and #100 silk thread

For information e-mail: sylvia40@sylviapippendesigns.com