

# Curves for Cowards

## Supply List

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Empty Spools February 21-26, 2010

Design your own blocks using different approaches to achieve the curved look you admire! We will explore curved seam piecing, machine appliqué, fusible appliqué and thread work. Working with color gradations will be discussed and encouraged.



**Fabrics you actually like!** Bring a variety of lights, mediums and darks in tone-on-tones for great effects. Throw in some prints or anything else that makes you smile. Half yards are fine, but if you really like it, bring a larger piece. You can get by with some quarter yards, and if this is all you have, just bring more of them. Because you are creating your own designs, it's hard to be specific about exactly how much to bring. Around 36 different fabrics should give you some room to play, but feel free to bring more if you can. You may use them all and you may not. And bring a bit of cash in case you feel the need to acquire fabric while you are here.

Gradations are very effective in design. A gradation is a group of fabrics that run light to dark in one color, or travel around the color wheel. In the center of the quilt in the photograph on this page I used a light and a dark of 7 different fabrics to create the design, and made four blocks. Keep that in mind when choosing your fabrics if you want to make something similar.

- 1 yard of **Black fabric**
- **Sharpies** or other brand felt tipped pen in black, one skinny and one medium size
- **Freezer paper**
- **Pencils, eraser** and **sharpener**
- **Paper for drawing** designs: **18" X 24"** is great, 11" X 17" minimum size
- **Masking tape**
- **Scissors** for **paper** and for template **plastic**
- **Scissors** for **fabric**
- **Glue stick**, washable (not permanent)
- **Invisible thread** My favorite is Monopoly by Superior
- **Favorite threads** in colors you like, variety is good. 4 or 5 spools are great, more is good if you are driving and you want more to choose from. If you bring something special, bring the appropriate sewing machine needle for it.
- **Iron** and **ironing surface**
- **Light box**. If you don't have one, get creative. You can probably share, but if you are going to bring one of those acrylic extension tables for your sewing machine, you can slip an Ott or similar lamp underneath it.
- Favorite **fusible web** and the directions to use it, a couple of yards will give you room to play, more if you really like to use it.
- Yard of **muslin** or other inexpensive unprinted or dyed fabric to protect your ironing surface from fusible web
- Favorite **straight pins** (mine are the large quilters pins by Dritz)
- **Template plastic** 4 or 5 sheets (My fav: Dritz Heavy duty template plastic)
- **Rotary cutter** and a **new blade**
- **Mat** for Rotary cutter

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- Favorite **rulers** for rotary cutting: I recommend 6"X 24", about a 12" or larger square for squaring up blocks and small ruler to add 1/4" SA to odd shaped templates.
- **Stabilizer** for fabric: you can bring your favorite or an **iron-on medium weight to heavy weight interfacing** is good. We will be using this for our thread work, which will be a free-motion embroidery without a hoop.
- **Sewing machine** with ability to **zigzag** and the manual that comes with it. Bring your good machine if you can. Time is money and you don't want to waste time fixing or playing around with a machine you are unfamiliar with or don't like.
- **Sewing machine feet:** 1/4", **free motion** foot and **open toed** foot.
- **Multi-plug extension cord with surge protector**
- **Seam ripper**
- **Table top light**
- **A sheet** or something large enough to cover your work at night.
- **Empty bobbin**
- **Seam ripper**

Optional:

- An extension table for your sewing machine is not required, but highly recommended.
- Acrylic extension table or something similar to give you a larger sewing surface for your sewing machine
- Small quilt sandwich to play with free motion quilting
- 2 1/2" strip of fabric and a zipper foot to play with binding by machine
- Design wall, portable
- Stiletto
- Flexible curve
- Batting and backing, crib or craft size. This is if you think you will want to finish some of your studies and you work fast.

Cara will have her books, patterns, fabric she has designed and anything new she has created for sale during the workshop. Many supplies will be available at the Cotton Patch. If you are unsure about an item, call them and see if they will be bringing it. If not, call me and I will tell you where to get it. Please, try to avoid waiting until the week before to do this, OK? ;0)

**Check with me by email or call me about a month before class to check for updates to this supply list. See you soon!**

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